|   | Completely<br>False 1 | Mostly<br>False 2 | Neither<br>True<br>Nor<br>False 3 | Mostly<br>True 4 | Completely<br>True 5 |
|---|-----------------------|-------------------|-----------------------------------|------------------|----------------------|
| 1 The group was well organized                                      |                       |                   |                                   |                  |                      |
| 2 The facilitator cares about me as a person                        |                       |                   |                                   |                  |                      |
| 3 The group members work together to achieve goals                  |                       |                   |                                   |                  |                      |
| 4 The facilitator noticed and told me when I did something well     |                       |                   |                                   |                  |                      |
| 5 I am able to participate and express myself in the group          |                       |                   |                                   |                  |                      |
| 6 The facilitator encourages me to achieve my goals                 |                       |                   |                                   |                  |                      |
| 7 The focus of the group is on the right issues                     |                       |                   |                                   |                  |                      |
| 8 The facilitator understands me and my needs                       |                       |                   |                                   |                  |                      |
| 9 I'm learning what I was hoping to learn                           |                       |                   |                                   |                  |                      |
| 10 The group/information is easy to understand                      |                       |                   |                                   |                  |                      |
| 11 The facilitator uses terms/language I can understand             |                       |                   |                                   |                  |                      |
| 12 The group is able to discuss sensitive topics comfortably        |                       |                   |                                   |                  |                      |
| 13 The facilitator is nonjudgmental                                 |                       |                   |                                   |                  |                      |
| 14 The handouts are helpful   |                       |                   |                                   |                  |                      |
| 15 I feel heard when I speak with my therapist                      |                       |                   |                                   |                  |                      |
| 16 I feel like I don't 'fit in' with the group                      |                       |                   |                                   |                  |                      |
| 17 My therapist makes my uncomfortable                              |                       |                   |                                   |                  |                      |
| 18 The facilitator seems unapproachable                             |                       |                   |                                   |                  |                      |
| 19 I think the facilitator needs to share more personal experiences |                       |                   |                                   |                  |                      |
| 20 The facilitator seems to have 'favorites'                        |                       |                   |                                   |                  |                      |
| 21 Overall rating of the facilitator(s) 1 2 3 4 5                   |                       |                   |                                   |                  |                      |
| 22 Overall rating of the group 1 2 3 4 5                            |                       |                   |                                   |                  |                      |