

# **GROUP RULES**

**NO CELL PHONES**  
**IF YOU HAVE IT ON YOU,**  
**PUT IT ON SILENT.**

**WE GIVE  
SUPPORTIVE ATTENTION  
TO THE SPEAKER,  
AVOIDING SIDE  
CONVERSATIONS AND  
interrupting**

**WE RAISE OUR HAND TO SPEAK**

**WE VALUE EVERYONE'S TIME  
AND AVOID MONOPOLIZING  
THE GROUP'S time**

**WE SPEAK IN 'I-STATEMENTS'**

**CONFIDENTIALITY!**  
**What IS said In Here,**  
**stays In Here**

**WE SHARE  
FEELINGS AND EXPERIENCES,  
AND TRY NOT TO GIVE ADVICE**



**WE WILL enforce our group  
rules with one another.**

















